



# AUSTRALIAN NECTARINE



[carter-spencer.com.au](http://carter-spencer.com.au)



# CARTER & SPENCER NECTARINE

In 1936 the Carter & Spencer Group commenced business as a fresh produce wholesaler in the Brisbane Markets. Over 85 years of culture, innovation and experience has led to substantial growth and the Carter & Spencer Group is now one of the largest private companies in Australasia. Carter & Spencer is truly the market leader in the provision of fresh products.

Carter & Spencer are one of Australia's leading produce firms within Australia, servicing major customers in Australia, New Zealand and many more countries around the world. With over 85 years' experience we are specialists in fresh produce growing, packing, procurement, logistics, packing, importing, exporting and marketing.

Carter & Spencer nectarines are sourced from our valued supply partners in New South Wales, South Australia and Victoria. Nectarines are available from October to March, Carter & Spencer supply yellow and white nectarines. These delicious fruits are known to be high in vitamin A and vitamin C.







**STONE FRUIT**

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

Apricots

Cherries

Nectarines

Peaches

Plums

Sugar Plums

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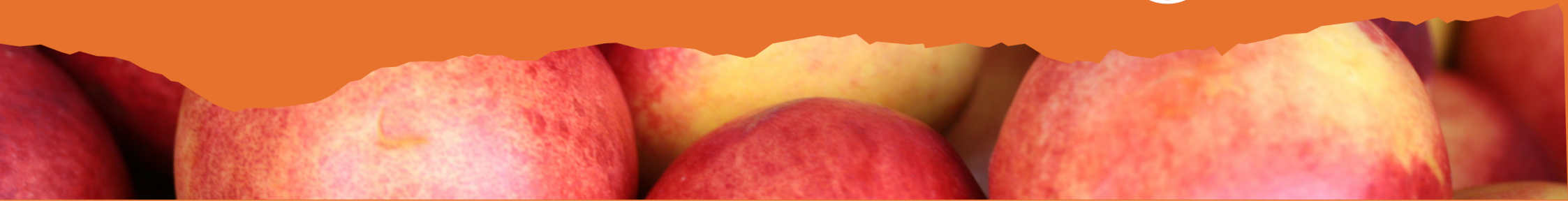
We export our Spencer Ranch and supply partner's fresh produce to Singapore, Vietnam, China, Japan, Hong Kong, and many more countries around the world. We have operations in Australia, the USA and New Zealand and can export a large range of fresh fruits and vegetables. We plan on continuing to expand our export sector and provide more fresh produce to the rest of the world.

**For more information, contact Adam Kennedy.**

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Nectarines store a broad range of nutrients that are vital for the healthy functioning of the body. They are a rich provider of vitamin A, beta-carotene, and vitamin C. They are also a good source of vitamin E, vitamin K, vitamin B1, vitamin B2, vitamin B3, vitamin B-6, folate, and pantothenic acid. Peaches also offer a rich treasure of minerals such as calcium, potassium, magnesium, iron, manganese, phosphorous, zinc, and copper.







-since 1936-

# THE BEST FRESH PRODUCE EVERYDAY

*It's that simple.*

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